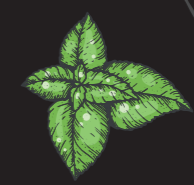
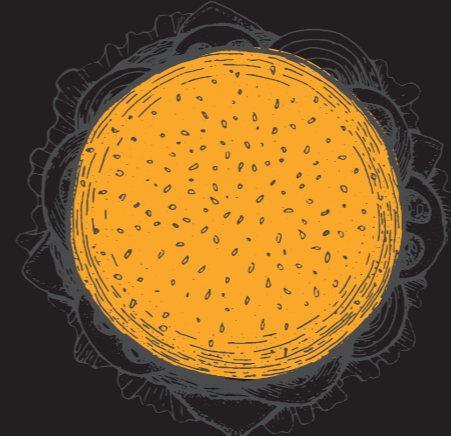
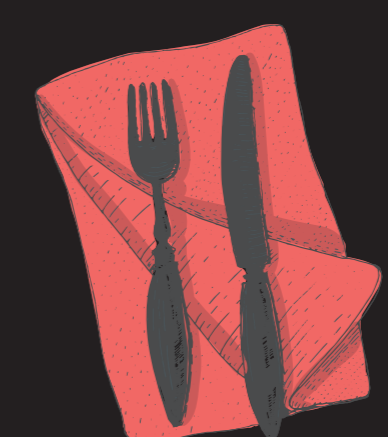


BEANS & BARLEY
COFFEE - ORGANICS - HEALTH - BEAUTY
beansandbarley.co.uk



Main Menu



STARTERS

MOZARELLA STICKS	6
GRILLED HALLOUMI	5.9
CALAMARI	7.9
OLIVES	5
HUMUS WITH CRISPY TORTILLA	5
SIGARA BOREGI	5.5
ROCKET, BURRATA, PESTO	7.5

SHARING PLATES

CHICKEN & PICKLES 19.9 Grilled chicken, mild chicken schnitzel, spicy chicken schnitzel, nuggets, popcorn chicken & a selection of pickles
CHARCUTERIE BOARD 14.9 A mixture of cured meat & mixed cheeses, served with bread
NACHOS V 8.9 Home-made tomato salsa & cheddar Add toppings £1.5 feta cheese olives sweet peppers guacamole jalapeños sour cream
FRUIT PLATTER V 14.9 With 6 different seasonal fruits

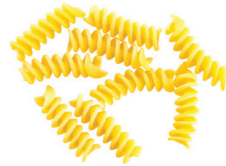
CLASSIC MEALS

BEANS & BREAST 14.9 Chicken breast with mushroom cream sauce, served with baby potatoes and green beans	CHEESY CHICKEN SCHNITZEL WRAP 11.9 (Served with side salad and chips) Home made chicken schnitzel, lettuce, tomato, sweet chilli sauce & mayo
PAN FRIED SALMON 16.9 Salmon served with roast potatoes, grilled broccoli and spinach	HALLOUMI & AVOCADO WRAP V 10.9 (Served with side salad and chips) Grilled halloumi, smashed avocado, roasted peppers, served with sweet chilli sauce
KOFTE SALAD & CHIPS 11.9 Home made meatballs with tortilla bread, melted cheddar cheese on top	FALAFEL & HUMUS WRAP VG 10.9 (Served with side salad and chips) Baked falafel, humus and tomato salsa
JACKET POTATO (served with salad & coleslaw) 8.9 Tuna Mayo & Sweetcorn Beans & Cheese Chicken Mayo & Sweetcorn Extra topping £2.5	CLUB SANDWICH 12.9 (Served with side salad and chips) Crispy baked bacon, deep fried chicken, lettuce and tomato
PANINI (served with side salad & chips) 11.9 Tuna Melt Ham & Cheese Beef Sausage & Halloumi Chicken Schnitzel & Cheese	GARDEN SANDWICH V 11.9 Grilled halloumi, mashed avocado, roasted peppers, fried egg. Served with chips and side salad
CHICKEN & BACON WRAP 11.9 Grilled chicken & back bacon, lettuce, tomato, mayo and cheese	

CHOOSE YOUR PASTA



Papardelle
(GF Options)



Fusilli Rustici (VG)



Rigatoni Rustici



Linguini



Spinach Tagliatelle

ALLA NORMA CON BURRATA V 11.50 Napoli Sauce, aubergine, burrata, basil.	CHICKEN PASTA 12.50 Cream sauce, chicken, roast peppers, mushroom, pesto sauce.
ARRABIATA V 11.00 Arrabiata sauce, parmesan, parsley.	RAGU 12.50 10 hours slow cooked beef ragu, parmesan.
SALMONE 15.00 Salmon, cream, parsley, chilli, lemon zest.	VERDE V 12.00 Tomato sauce, spinach, baby tomato, roast pepper, gran padano.
MEAT BALL 12.50 House meatballs, tomato sauce, parmesan, basil	LASAGNA 13.00 10 hours slow cooked beef Ragu, pasta sheets, topped with Bechamel sauce & parmesan.
SEAFOOD 15.00 Mussels, assortment of squid, prawn, butter, parsley & chilli flakes, parmesan, baby tomato.	

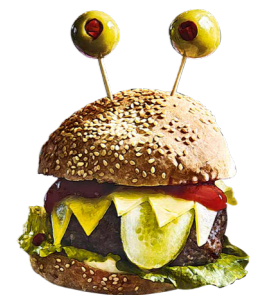
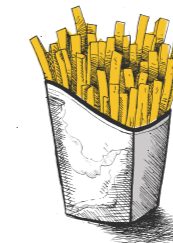
SALADS

BARLEY SALAD VG 9.9 Barley, kidney beans, black beans, chickpeas, sweetcorn & cherry tomato	SMOKED SALMON AND AVOCADO SALAD 12.9 Smoked salmon, avocado, mixed leaves, oranges, croutons & lemon juice
HEALTHY SALAD VG 11.9 Lettuce, cherry tomatoes, carrot, sweetcorn, pomegranate & dry fruits	GRILLED CHICKEN SALAD 13.9 Strips of marinated grilled chicken breasts mixed with seasonal greens, avocado, grated carrot topped with pomegranate molasses, with chilli sauce & served with toast

BURGERS

Served with side salad and chips

MONSTER CHEESY BEEF BURGER 12.9 Gourmet beef burger, with lettuce, tomato, caramelised onions and melted cheddar cheese on top	HALLOUMI BURGER V 11.5 Grilled halloumi burger with avocado, tomato, lettuce & sweet chilli mayo
MONSTER CHEESY CHICKEN BURGER 12.5 Chicken marinated with Greek yogurt, lettuce, tomato & melted cheddar cheese on top	VEGGIE BURGER VG 11.5 Veggie burger with tomato & lettuce
PULLED PORK 12.9 Pork burger with coleslaw, pickles & BBQ sauce	



ADD EXTRA TOPPINGS £2 | eggs | bacon | avocado | blue cheese | halloumi | hash brown

SIDES/ EXTRAS

Chips 3.9 | Baked Beans 2.5 | Avocado 3 | Hash Brown 3 | Sweet Potato 4.5

Food Allergies & Intolerances
Before ordering your food and drinks, please speak to a member of staff if you have allergies or want to know more about the ingredients. The majority of our dishes contain bones and the bread has contact with cooked meat. Children should be supervised when eating. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Some items may contain gluten. All menu items are subject to availability.
V Vegetarian VG Vegan